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## Home test for STDs offers privacy and peace of mind

by [Contributor](#)

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*A home test for STDs can be ordered online and posted to you. Confidential results and free medical counselling. The test is covered by medical aid.*





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A new test for chlamydia and gonorrhoea, which can be ordered online via mobile or computer has been launched. The self-service approach to STD testing is a revolutionary step in healthcare and opens up new opportunities for South Africa's young adults who seek screening for these common sexually transmitted diseases.

'Many people today are prevented from living healthy, productive lives because of disease and limited access to healthcare', comments Allison Martin, founder and MD of UDoTest, the company which launched a home-based screening test for HPV last year.

### Psychological barriers prevent young adults from seeking medical care

"The impact of psychological barriers such as shame, discrimination and the like, prevents young adults from seeking medical care. That is why my dream of empowering South Africans with the tools to order, buy and take medical tests at home was born."

### Self sampling in the privacy of your home

The process includes laboratory analysis and review by doctors, typical of traditional medical care: The difference is that this product comes with self-sampling.

### How it works

1. The user simply takes his or her own laboratory sample in the privacy of home.
2. After a few days, the results are received via our secure online profile, with advice on the next step.
3. Patients will either be referred to seek medical care and should make an appointment with their doctor, or will receive a negative result and can rest assured about their state of health.

*'Life is too short to worry about a disease that is treatable - don't be scared to seek help: You have your whole future ahead of you - and it can be healthy and bright'*

## Cost

The cost of the test, R699, is covered by medical aid and patients simply upload their medical scheme information when filling out their profile on the responsive website.

If the user gets 'stuck' at any point of the process of ordering, a friendly online assistant 'Zoe' is on hand to help via online chat. The service also includes free post-test counselling from trained health care professionals.

For more information on this test visit

<https://www.udotest.com/test/udo-sti-test>



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